

DONORS

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- De Baanbreker School
- uSizo Foundation
- Epworth Independent High School for Girls

To the many individuals, organisations and trusts that support YFC through tangible donations and acts of service - we thank you wholeheartedly.



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chairperson's report

The beginning of 2010 saw the appointment of Sally Mann as the Regional Director for Youth for Christ/KZN. Sally is no stranger to YFC/KZN, she has worked with the organization since 1992 in various capacities, including that of Regional Director for 3 years. In recent years Sally worked part-time as the coordinator of the Youth Development Centre (YDC). It is a privilege to have Sally back as Regional Director of YFC/KZN. Sally has a structured management team in place and with her vast experience and knowledge, she is committed together with the team and staff to accomplish the objectives set out by YFC/KZN.

The economic crisis over the past years has impacted on several organizations and YFC/KZN is no exception. The NGO sector has experienced major changes as the policy and funding environments have undergone transformation and become increasingly influenced by globalization. The economic crisis has resulted in YFC/KZN spending more time on fundraising in the form of proposals, visits, monitoring and evaluation and strict financial controls. However, I can safely report that at the close of 2010, YFC/KZN has attained their objective in ensuring the mental, physical, social and spiritual development of young people.

The Board continues to play an active and supportive role and is committed to ensure that YFC/KZN continues to achieve its objectives. On behalf of the Board, I want to express my sincere appreciation to our funders, the management, staff and volunteers for the excellent work being done under challenging circumstances.



Brian Govender

Chairperson: Youth for Christ/KZN

khayaletu

Khayaletu serves the needs of children and youth living on the streets and in "at-risk" communities in Pietermaritzburg.

The city of Pietermaritzburg faces multiple problems as people seek a better life and flee to the city in the hope of finding employment. However, many are subject to increased poverty and the social impact of the economic situation has contributed to the breakdown of their families. The many challenges and realities of life in the communities cause children to run away from their homes seeking refuge on the streets. Young girls and boys are drawn into risky practices such as begging, fighting, sniffing glue, prostitution, multiple sex partners etc in order to survive. Khayaletu's aim is to work alongside young people giving them the necessary support as they make decisions to return home. Khayaletu also promotes healthy and secure relationships between parents and their children in order to prevent family breakdown.

The year was not without its challenges as conflicts within communities affected children's availability for programmes, as they were often afraid to attend the drop in centres. After the public servants strike, children were demotivated to go back to school.

The Outreach Programme conducted hygiene sessions, soccer training, a soccer tournament with 5 teams from various partner organisations held during



the FIFA World Cup, maths and basic literacy programs, crafts as well as basic guitar and drum lessons. Activities were chosen to teach children discipline, team work, healthy competition, skills development and give them opportunities to clean themselves and have a nourishing sandwich.

The Residential Care and Aftercare Programme engaged with children through activities such as arts/crafts, spiritual development and partnership with local churches, homework supervision as well as tutoring. A homely and friendly environment enables children to engage freely and feel part of the family. The aim is to develop children's self esteem, explore their creativity and uniqueness, help them understand the love of God and be mentally challenged and enlightened.

The Community Programmes used various activities and lifeskills to focus on the holistic development of children. Recycling programs started in the communities to educate children in caring and respecting the environment. During the FIFA World Cup children arrived at the drop in centres early in the morning for activities which kept them occupied in a safe environment.

Working with parents is a necessary component of the community intervention. During home visits, the possibility of reunification was discussed with the family. There were some cases where the project used an advocacy approach, proving to families that their child's behaviour has improved and they want to come home to their family. A few parent workshops took place, where effective parenting skills were dealt with.



A nine year old boy shows excellence...

A young boy Kensani came to live at Khayaletu Boys shelter. He was the youngest child. His mother was in prison since 2009 and this young boy was left in the care of his aunt. This left him vulnerable that he was involved in gangsterism on the streets, suffered physical abuse, experienced difficulty at school and struggled with many emotional issues.

Khayaletu staff were very concerned about Kensani's progress and whether he would be able to relate to other children in the shelter. Well, Kensani amazed us, as he eagerly took part in all developmental activities in the shelter.

During a school visit in July, the school informed Khayaletu of Kensani's progress, his respect and academic excellence! Kensani was immediately transferred to Grade 2. This is an unusual phenomenon in our region, but it is legal.

Kensani progressed so well, that he was reunited with his family in December 2010.

tennyson house

Children at risk in Durban are found in areas close to the town (peri-rural areas). Families construct temporary houses (known as shacks) and a cluster of these have become fully-fledged communities.

Unfortunately these communities develop with a number of problems; unemployment, violence, poverty, women abuse, child abuse and HIV/AIDS. These challenges often lead to crime, frustration and children running onto the streets.

The project faced some challenges during the year as the public servants strike caused a decrease / loss of momentum in programmes. During the school holidays children were hesitant to attend the drop in centre, thinking they would receive a school related programme.

The Outreach Programme did follow ups with home visits to children who had been reunified with their families. The Intensive Intervention Programme conducted a human trafficking workshop which was



well attended. This education minimised the opportunity for children to be trafficked during the FIFA World Cup. Soccer is always a great way of building relationships and teaching healthy competition for young people living on the streets.

The Residential Care and Aftercare Programmes continued to work on the placement of children at the shelter, whilst reunification matters with the family are being resolved. Starting in August 2010, the girls in the shelter attended a Leadership Programme every Saturday. August is known to be Woman's month. The trainings were for girls to develop as women, to build their self esteem and other skills so that they can make valuable contributions in society. Our girls were welcomed in the programme and participated with vigour. It was remarkable to hear and observe them



discuss matters and topics that were important during the trainings. We are confident that the positive difference observed in the shelter was partly a result of this programme.

The Community Programmes held valuable activities for the development of children. Children were given opportunities to express themselves through story telling. An NGO called Dlananathi (Zulu word for 'play with us') trained our staff in using a puppet to share painful stories and grieve as a child. Our work within the communities is often to orphan and vulnerable children. There were times when the project had to advocate for children to be exempt from paying school fees.

A woman empowerment programme started in the community of Amatikwe. Tennyson House encouraged this group to start to support and ensure that families can have food. This is crucial in combating the problem of children running back to the streets. It also allows women to generate a modest income to provide for their homes. A vegetable garden was started, allowing the group to take responsibility for their wellbeing and that of their children.



The community team approached a nearby clinic, who helped in running campaigns on breastfeeding and its importance for mothers, breast cancer and general hygiene for woman and girls.



A physically abused girl finds refuge at Tennyson House

The South African Police Services drove into our premises with a girl that they had rescued from a very difficult and dangerous situation.

Busiswa was badly beaten by her brother and his girlfriend. She had deep septic wounds on her head, arm and hand. She was in terrible pain and could not do things for herself i.e. bath. Staff at Tennyson House gave her a bath and redressed her wounds. She was taken to hospital and admitted for 4 weeks. Staff visited her in hospital and even made efforts to visit her when they were off duty.

Busiswa recovered and went back to the shelter. She had some plastic surgery that was offered free of charge at the hospital. After a few lifeskill sessions, a staff member took Busiswa in as a foster child. She is now going to school and in Grade 10. The Aftercare team are working with the case, making sure that her rights are respected. Her case was closed due to lack of evidence, but Tennyson House staff reinstated the case through Department of Justice.

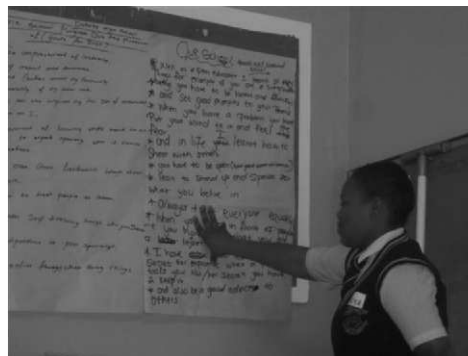
change agents

In 2010, the Change Agents aim was to develop learners in order for them to change their behaviour. The philosophy and the belief was that they would in turn challenge other young people's behaviour.

A great place to start was with the 144 peer leaders that were selected in the beginning of the year. The project realised the potential of the peer leaders to be fantastic leaders. There were some self development challenges that had to be worked on:

- Accepting oneself despite background and social circumstances
- Their uniqueness is a strength
- Developing one's self image produces better results

The beneficiaries were very keen participants during the sessions and it was clear that their aim was to change at all cost. The peer leaders and learners in general engaged very productively during discussions on the matters that produce a quality leader in the school. The purpose of peer education has always been to produce quality learners who work with others, and those will in turn work with others, having a ripple effect.



During the 4 day workshops and peer education the facilitators emphasized a few elements that would change behaviour in the schools and communities.

- Good role modelling: It was important for learners to have a consistent message and behaviour
- Consequences of early sexual involvement: There are 3 possible consequences that were discussed during the year:
 - a) Pregnancies
 - b) Sexually Transmitted Infections and HIV/AIDS
 - c) Heartache

We cannot guarantee that all the learners abstained from sex; however we had a great number of participants in the programme who agreed to the consequences and dedicated themselves to prioritising

Change Agents Training:

The Change Agents received 6 weeks training at Magaliesburg, which covered spiritual growth, fitness levels and dancing skills. Change Agents were exposed to a new culture of learning and a new style of facilitation. The team showed a great eagerness to learn. Language skills were developed and the different setting brought out new talents and skills. Change Agents development areas during training were on personal development (becoming a better person), skills development (learning new skills) and organisational development (working well with team mates).

in their lives. They would avoid 'bad company' to avoid negative peer pressure, so that they reduce vulnerability. One learner said that 'if you value yourself, you won't do what others tell you to do.'

The beneficiaries in 2010 agreed that:



When the Change Agents conducted HIV/AIDS awareness, we discovered a trend that is very unfortunate. Young boys and girls seem to be living risky lives without even knowing it. The most frustrating issue for the team is that our beneficiaries lack clinical knowledge of what could be wrong with them until it is too late.

We showed the learners slides of Sexually Transmitted Infections. A young girl, Gugu, approached the facilitators and shared that she had similar symptoms to what was she saw on the slides. It was necessary that she be seen by a medical practitioner, but she was so fearful and ashamed.

Peer pressure:

- Undermines positive change
- Increase HIV infection vulnerability
- Is reduced if one strengthens their own identity

After much hesitation, she agreed to go to the nearby clinic, where she discovered she had herpes. She was given some medication and ointments.

Another learner, Zanele, shared that she started dating a guy. She was afraid as she found out that his previous girlfriend was HIV positive. Her biggest concern and frustration was that she could be HIV positive. She had so many questions. One of our facilitators shared with Zanele the necessity of finding out her status. She was advised to go for HIV Counselling and Testing, which is something young people are very sceptical to do in the townships.

There is a very abnormal way in the South African schools with regards to relationships. Teenagers in schools do not test for HIV before they date. Another weakness is that relationships are expected to be sexual. This makes it extremely hard for those who wish to date and abstain.



alongside a South African staff person. During their time in South Africa (anything between 10 weeks and 10 months), they learn about South Africa, the project they choose to serve with and the young people they build relationships with. They live in community, with other volunteers from countries as diverse as;

youth development centre

During 2010 we hosted 27 volunteers in the Youth Development Centre (YDC). These volunteers were based either in Durban or Pietermaritzburg.

The volunteers, between the ages of 18 and 30, spend time working in one of the projects of YFC/KZN

Germany, the Netherlands, USA, Australia, Ireland and Belgium, so they are able to learn about each other too.

The number of volunteers we hosted in 2010 is lower than 2009, partly because Livingstone, a sending agency who placed volunteers with us from the

Netherlands, is no longer sending longer term volunteers.

We are however working on a relationship with uSizo Foundation, who will recruit volunteers for us in the Netherlands. We are also developing our relationship with YFC/Germany, who sends volunteers to us.



My three months as a YDC:

All my lifetime I wanted to make a trip to a foreign country to see how the people live and what it would feel like to be a foreigner. In September 2010, I got the chance to do that, in cooperation with the partner organisation "Jugend for Christus" in Germany. I spent three months in Pietermaritzburg, working in the Khayaletu Project.

When I started working in the Site 11 community, I was overwhelmed with all the new impressions and I often did not understand what people were talking about! I learnt to ask questions, which was tiring at times as it was all so new to me. Sometimes I was really amused, when the children asked me about my life in Germany "do people also live in mudhuts there?". It also made me sad though, to know that many of the children will not have the opportunity to

get out of their circumstances or even earn enough money to make a journey abroad. In the first weeks it was not so easy to handle all the poverty and 'sad stories' I heard about the children's families.

I worked alongside Mama Nana and the intern Zama and learnt from them. It was not easy to prepare an interesting topic for the day, but I learnt to do my best with very few resources.

Living in the YDC home was challenging at times as we all so different. However, we all got to know each other well and spent great times together. My trip to Cape Town and along the coastline was a dream!

I also got to know the boys in Khayaletu shelter. I enjoyed fun times with them and the staff as we all got to know each other. Their evening prayer sessions impressed me. I loved to hear them singing and see them dancing.

So, all in all my time in SA was a great! It was an unforgettable experience and I hope I can keep some of the happiness, warmth and hospitality in my heart and mind!

Lots of love
Elli Heine

internship

The Internship Programme is shaped to produce results of change in young adults who serve as interns. The interns were taken through a series of trainings and their personal lives challenged. This was done to produce change amongst the interns so that they would serve children and young people better.

The programme's outline for change was as follows:

- **Activity produces developmental gaps:** During an initial session at the beginning of the year, the

interns had a clash of ideas and personalities. They were made to realise that we all have worldviews, but they need to accept each other. Each person has a responsibility to deal with their own self esteem, and YFC/KZN would openly and without hesitation assist any intern in dealing with it.

- **Biblical decision making:** The philosophy of decision making came from the Christian perspective YFC/KZN emanates from. Interns

were shown and demonstrated how our relationship with God ought to change how we make decisions

- **Self leadership:** During sessions the interns were shown that in order for them to bring about any change in their circles of influence; they need to be changed people. Integrity was a behavioural element that was discussed at length and we witnessed during the activities and exercises that it was well understood.
- **Skills development for change:** The interns learnt new skills in the area of leadership and its responsibilities. Interns went through a series of

topics that would change them in the area of community development;

- What is a community?
- Ways to work with communities
- Research in community work
- Mobilising communities for development
- How to develop programmes in community development
- Young people in community development

All of these topics dealt with the attitude that YFC/KZN would like to see amongst its beneficiaries and the skills that ought to be demonstrated in what we do.



For every story there is a lesson to be learnt. Continual learning is essential for lifetime growth. You can have a great deal of experience and be no smarter at all. Experience alone is no guarantee of lifetime growth, but if you regularly transform your experiences into new lessons, you will make each day for your life a source of growth. The smartest people are those who can transform the smallest events or situations into breakthroughs in their thinking and action.

In retrospect, I think of all the sessions I attended in the Internship Programme, and I see that I have transformed into a better person each time, by applying the information I received. I also found that

with Jesus Christ it is never too late to change, as He changed 'Saul who was haunting Christians into Paul a deliver'.

As I reflected on my past, I cried for the times I dishonoured and disrespected myself. I am so grateful for what I have learnt in the Internship Programme, and now there is no need for me to cry about my past. I am responsible for each day of my life. I realise that life is a school and I am learning. I feel that I am able to face life challenges with a new strength, because of what I have learnt.

To some it might just seem to be another Internship Programme, but for me, I know it is much more. The Internship Programme has taught me to learn and then apply what I have learnt, being transformed each time.

Nomusa Madlala

may'khethele

May'khethele enjoyed many highlights from increased staff, being able to exceed their target and strengthen relationships with school management. The good relationship built with Home Affairs made it possible for learners to apply and receive their documents promptly. The school gardening

projects went extremely well with 5 schools being able to feed a number of families. Monthly donations enabled the project to reach and support many more children.

The year was not without its challenges which

included the budget being cut mid year, FIFA World Cup that reduced the school weeks as well as the civil servants strike.

Nonetheless, Maykhethele reached a total number of 14008 learners and siblings. Of this total, 5789 were orphan and vulnerable children (OVCs).



The project identified a family with 29 children living under the supervision of one grandmother. The family survived with only the grandmother's grant. This family are all squashed together in a little mud room.

The case was so sad and heartbreaking, that May'khethele had to get the government departments to intervene. The Social Development

Department took the case. We then had to identify a temporary place for this family. One of the local businessmen offered his B&B to accommodate the family for 4 months. The Midlands Taxi Association offered to provide food parcels worth R1000 for 12 months to the family.

This case is taking longer than hoped for as Home Affairs are first processing the children's application for birth certificates. Thereafter, Social Development will work on the case of all the children in this family. May'khethele Outreach team worked very hard on this case, networking with various business owners who are supporting this family and giving them a sense of hope.

support services

2010 has been a learning curve for us at 'Youth for Christ/KZN'. Our close interaction with the various projects assisted in the organisation operating more efficiently. Stricter control measures were instituted for projects to work within guaranteed funding which resulted in a positive financial situation at the year-end. Our staff worked tirelessly in making a positive impact in the lives of the children and the youth that we serve.

Staff Update:

Lynn Conolly's role as receptionist and bookings



officer for L'Abri Outdoor Centre continued.

Lisa Ellis continues to put YFC/KZN on the map regarding her role in Marketing and Fundraising. She networks with several organizations and this relationship has broadened her knowledge in this field.

Sbongile Msomi serves as our receptionist at the

Durban office and also assists with caring for our international volunteers that are based in Durban.

Lillian Suthiram is our fulltime Bookkeeper that manages our accounts.

Martine Xaba works part-time as our Monitoring and Evaluation facilitator.

Duncan Bennett continues to take care of our IT requirements.

"The future depends on what we do in the present"

Mahatma Ghandi

non projects

Training & Development:

Sboniso Nzuzwa co-ordinated the Training & Development at YFC/KZN. The highlight for 2010 was the variety of trainings offered, which were interactive, allowing for debates, sharing of information and open discussion. The overall aim of Training & Development is to allow all human resource at YFC/KZN (staff, volunteers and interns) develop in their portfolios to ensure competent and efficient service delivery.

The trainings consisted of Children Rights Training, HIV/AIDS Training, Quarterly Prayer Meetings (focusing on the YFC Global Ministry Plan: Devotion to the Word of God and Prayer; Godliness in lifestyle; Passion for sharing the love of Christ and Social involvement) as well as Gender Training to all staff. Strategic Development Training to all project co-ordinators, and a Management Leadership Course was offered to 8 middle level managers.

Monitoring & Evaluation:

Martine Xaba van Houten co-ordinates the Monitoring and Evaluation at YFC/KZN. She worked a 2, 5 day week on a part time basis, with on site visits to gather data in the form of interviews and surveys. Martine works together with staff and volunteers to collect data from respondents. Highlights for the year are the

I would like to close by thanking our funders for the financial support that enables us to accomplish our work within the various projects. We sincerely value your support and the interest shown in 'Youth for Christ/KZN' in the work that we do. Thank you once again for partnering with us along this journey. We pray God's blessing on you and trust Him for a great year in 2011.

Liz Govender
Administrator



comprehensive reports submitted. She compiled a detailed document of both qualitative and quantitative data on Tennyson House Project which is vital for sound reporting to donors and for proposal writing. Another focus in 2010 was to document the community work that Khayaletu Project does through the conducting of staff interviews, community leadership consultation and evaluations with the children from the various communities. Martine also

evaluated Support Services (Administration, IT, Training and Development, Marketing & Fundraising and Monitoring & Evaluation) at YFC/KZN and compiled a detailed report with recommendations for all project co-ordinators to use for more effective use of Support Services.

Marketing & Fundraising:

Marketing & Fundraising was co-ordinated by Lisa Ellis. Public awareness for the YFC brand as well as individual projects was showcased in:

- frequent appearances in community newspapers,



World Cup 2010 Soccer Fever hits YFC!



- representation at monthly networking meetings
- representation at open days and events within the city,
- YFC KZN Facebook,
- representation and appeals on Greater Good South Africa website,
- presentations at churches,
- Quarterly newsletters sent both locally and abroad and
- bi-monthly newsletters to ex international volunteers keeping them part of the YFC KZN family.

Numerous funding proposals were sent through the year. Some were sent at a regional level, whilst others involved collaboration with YFC National Office and were sent at national level. Networking and presentations at churches opened doors to financial donations, gifts in kind, and wonderful programs and acts of service which have largely benefited the homeless children projects. YFC/KZN benefited from the DO IT DAY 2010 program on Greater Good South Africa and by having YFC KZN registered as a beneficiary in the My Village Program - a no cost, convenient and easy program for the public to support our work within communities.

Church Presentations:

We are thankful for the growing partnership with local churches who have blessed and served the needs of children and youth in the shelters and communities. Local churches have interceded for us, given financial gifts, teaching of skills and crafts, shared bible studies, tutored children as well as the maintenance and renovations of the shelters and offices.



Local Companies and Institutions:

A heartfelt thanks to local companies and institutions who have supported the vision of YFC/KZN through creative fundraising programs, donations in kind which impacts on our budgets, maintenance needs, created exposure of our work as well as offered discounts and rebates.



YFC Conference:

The theme 'Hand me a Brick' helped me see my importance in YFC and May'Khethele project. I enjoyed worshipping with the Buyela Team they are talented in dancing and singing. The trainings were facilitated by different people who were very good. I learnt the importance of interacting with people when in leadership, and having Christ as the cornerstone.

LONDIWE MALINGA

The devotions were taken from the book for Nehemiah, and I was blessed. We learnt how close Nehemiah walked with the Lord and how he prayed. When we earnestly pray and walk with the Lord as Nehemiah did, God will give us the insight to see further than others. This was a challenge to me to spend more time in prayer. 'Prayer moves you in a realm that you notice things'. I enjoyed getting to know other YFC staff. I thoroughly enjoyed the 'Cultural & Diversity' session by Rolf, and 'Adopt a

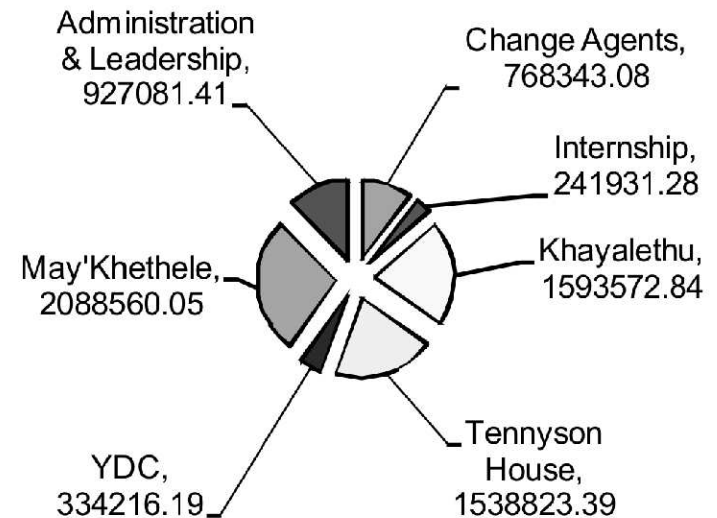


'Nation' by EJ van As. It made me realise how content we can become in what we have and not look out to the needs of others. I saw the bigger YFC and the joy people have, serving young people and God in the midst of financial difficulty and poverty. I would also love to visit other YFC centres

LYNN CONOLLY

financials

2010 Expenditure per project in Rands



project statistics

SUMMARY

Khayaletu Beneficiaries in 2010

Number of children living in temporary residential care	196
Number of children and youth contacted in the streets	234
Number of children returned home directly from the streets and the residential care	22
Number of young people contacted in the community DIC and community streets	1 246
Number of children followed-up through Aftercare Program	23
Number of secondary beneficiaries impacted in all of the above programs	959
Total number of children and youth impacted	2 680

SUMMARY

Tennyson House Beneficiaries in 2010

Number of children living in temporary residential care	41
Number of children and youth contacted in the streets	269
Number of children returned home directly from the streets (56) and the residential care (15)	71
Number of young people contacted in the community DIC and community streets	623
Number of children followed-up through Aftercare Program	50
Number of secondary beneficiaries impacted in all of the above programs	549
Total number of children and youth impacted	1 613

SUMMARY

Statistics of Internship in 2010

First year interns	9
Second year interns	2
Total youth impacted	11

SUMMARY

Change Agents statistics in 2010

Number of Peer Leaders	144
Lesson delivery to beneficiaries in high schools	1 184
Zazi campaigns for abstinence, and gender awareness in high schools	1 756
4 Days workshops	3 449
Primary school beneficiaries in lifeskills ran by peer leaders	256
Total number of boys as beneficiaries in primary schools	78
Total number of girls as beneficiaries in primary schools	178
Educators	92
Parents	564
Total number of service encounters received by primary beneficiaries	6 789
Total number of adults (Educators: 92 + Parents 564) - secondary beneficiaries	656
Grand total of service encounters	7 445

SUMMARY

May'khethele Beneficiaries in 2010

Number of orphan and vulnerable children served	5789
Clinical Nutritional Support	3
Child Protection	157
General Health Care	2263
HIV Prevention Education	5789
Psychological Care	20
Educational Support	245
Household Economic Strengthening	12
Health support-Access to ART	10
Other General services	841

SUMMARY

Statistics of Youth Development Centre in 2010

Total young adults impacted	27
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